

Quality Measure: BMI

Documentation of a treatment plan for underweight and overweight patients remains a quality measure for Prima CARE in 2019.

An abnormal BMI as defined by the CMS:

- Ages 18 to 64
 - BMI less than 18.5
 - BMI 25 or greater
- Ages 65 and above
 - BMI less than 23
 - BMI 30 or greater

For all patients with an abnormal BMI (by the CMS definition), a treatment plan needs to be documented as structured data in the Quality Measure subfolder of the Preventive Medicine folder.

In the screenshot below, I have selected a treatment plan for a patient with a high BMI (25 or above for anyone under age 65, and 30 or above for those 65 and older). Additional comments can be added to the “Notes” section in the far right of the screen if more detail is needed..

The screenshot displays a medical software interface. On the left, a navigation tree shows 'Preventive Medicine' with a subfolder 'Quality Measure' highlighted. The main window shows a table with columns 'Symptom', 'Presence', and 'Notes'. The 'Weight management' row is selected. To the right, a 'Preventive Notes' window is open, showing a 'Structured' section with a list of options for 'Weight management'. The option 'Dietary management education, guidance, and counseling' is selected and highlighted with a red box.

Symptom	Presence	Notes
Tobacco Counseling	→	
Fall Risk Assessment	→	
Weight management	→	
Depression Screening	→	
Diabetic Eyes Exam	→	
Diabetic Foot Exam	→	
Medication reconciliation	→	
Pain Assessment and Management	→	
Postoperative Care	→	
Ejection Fraction	→	
Spirometry	→	
BP Management	→	
Urinary Incontinence	→	
Cervical Cancer screening	→	
Transition of care	→	

Preventive Notes - Structured

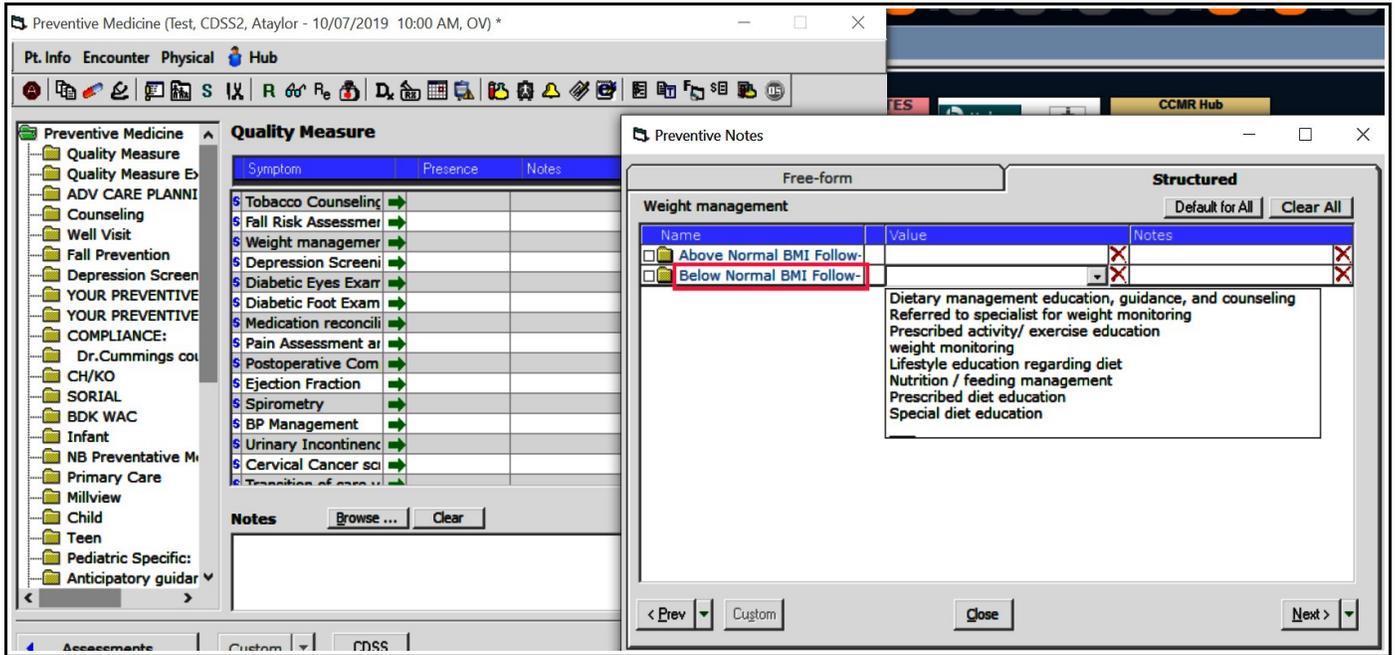
Name	Value	Notes
Above Normal BMI Follow-up		
Below Normal BMI Follow-up		

Structured Options:

- Dietary management education, guidance, and counseling
- Referred to specialist for weight monitoring
- Prescribed activity/exercise education
- Weight monitoring
- Exercise promotion: strength training
- Exercise promotion: stretching
- Feeding regime
- Giving encouragement to exercise
- Lifestyle education regarding diet
- Nutrition / feeding management
- Nutrition therapy
- Prescribed diet education
- Prescribed dietary intake
- Special diet education

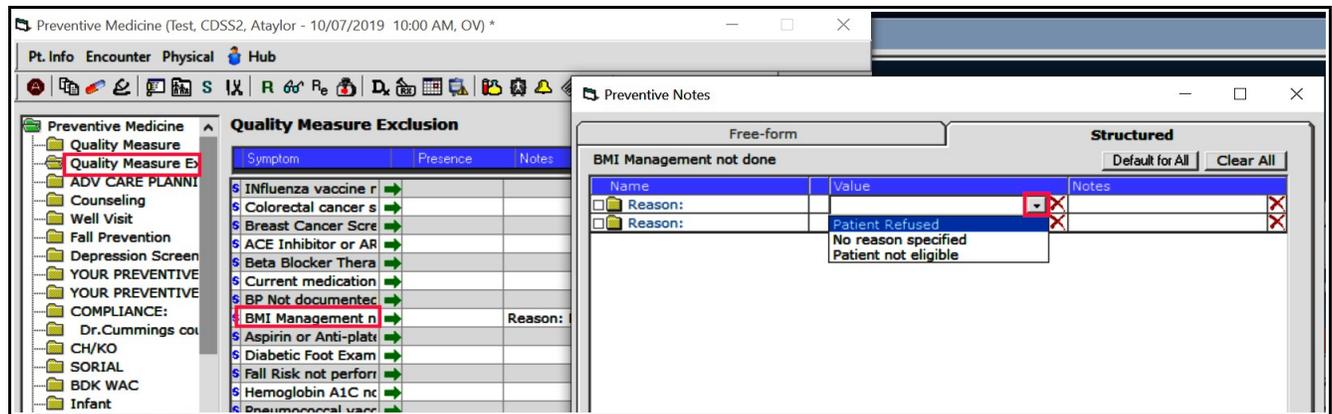
This structured data must be entered at the current visit, or must have been entered in the previous 6 months. If this patient is being seen on 10/7/19, and the weight management counseling documentation had been last entered at a visit on 3/15/19, it would need to be entered again on the current date (since it has been more than 6 months since it was last documented).

For patients below the lower threshold of a normal BMI based upon their age, choose the second entry in the form below, and choose the treatment plan that best approximates your treatment plan.



There are some exclusions for this measure:

- Diagnosis of palliative care (Z51.5)
- Pregnancy
- Refusal of BMI measurement (if the patient refuses to, or is unable to, check a weight and/or height, a BMI cannot be calculated, and the patient is excluded from this measure)
- Refusal of BMI management (must be documented in the Quality Measure Exclusion folder shown below)



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October 8, 2019